

**Yellow Branch Elementary**  
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**WE HAVE THE  
POWER!**

## January News

Dear Parents and Caregivers,

January is a great time to reflect on the areas in our lives where we felt successful during the past year. It is also a time to consider how to make changes in areas where we would like to improve. Here are some tips to help students start the New Year off on a positive note.

**Get plenty of sleep:** Scientists have found that students who do not get enough sleep have difficulty paying attention in class and do not do as well in school. Recommended amounts of sleep range from about 8½ to 11 hours a night for elementary students.

**Eat healthy:** Encourage your children to eat more fruits, nuts, and vegetables and drink at least 8 (8 oz.) glasses of water every day. Limit the amount of soda and snack foods your children eat.

**Exercise** your body and your mind daily.

**Follow the Golden Rule:** Treat others (children and adults) the way you would like to be treated.

**Time + Effort = Achievement:** Encourage your children to take the time to carefully complete all assignments at school and home, ask questions when they do not understand a task, demonstrate perseverance (that means keep trying – even when the work is difficult), and eliminate the word “can’t” from their vocabulary. Students are encouraged to make it a goal to do their personal best at school every day.

**Read, read, read:** Success in school depends on a student’s ability to read and understand what they have read. Students should read a variety of books, including folktales, poetry, biographies, fiction, and more. Read to get information, read for fun, read to someone in your family...just read!

**Attend school regularly and on time:** The school day begins promptly at 8:40. Students can make up written work when tardy or absent, but they can never make up the learning experiences of the classroom.

**Write out your Plan for Success:** The plan may include getting better grades, making new friends, studying harder, staying out of trouble, etc. Share your Plan with someone who can help you to reach your goal.

Happy New Year!

Mrs. Brown, YBES Principal

### Other Important Information

- It is yearbook time! Please reserve your child's yearbook from now until February 12th. Envelopes are being sent home soon but we encourage you to order online:  
Visit the following website: [ybpay.lifetouch.com](http://ybpay.lifetouch.com) and use the code 4841618
- If you would like to volunteer at YBES, please stop by the office to complete a volunteer packet. This packet needs to be completed each year.
- Children are dismissed from the office if you pick them up before 3:35. **You will be asked to present a Driver's License whenever you check a student out or plan to visit the school.**
- Please **make sure that your student attends school all day, every day.** Student success depends on students arriving on time and remaining until the end of the day. Instruction begins at 8:45 and continues until 3:35.



### Important Dates

**January 9th- Report Cards sent home**

**January 12th- Lee/Jackson Day– School closed**

**January 15th– MLK Jr. Day– School closed**

**January 18th- PTA Funquest Night 4-8:30**

**January 25th- “100 Days Old” Spirit Day (unless snow days)**

**February 2nd– Lunchbox Fundraiser Day**